

2009-2010 Influenza Vaccine Reference Guide

Updated 10/8/09

Please read the *Vaccine Information Sheet for Seasonal and H1N1 Vaccine, for both the Intranasal and Injectable Vaccine.*

	Seasonal Vaccine	H1N1 Vaccine
Target Groups/ Recommended For:	<ul style="list-style-type: none"> • Children 6 mos – 19 years • Pregnant women • 50 years and older • People of any age with certain chronic medical conditions • People who live in nursing homes and other long-term care facilities • People who live with or care for those at high risk for complications from flu, including: <ul style="list-style-type: none"> ○ Health care workers ○ Household contacts high risk persons ○ Household contacts and caregivers of children less than 6 months of age 	<ul style="list-style-type: none"> • Pregnant Women • Household contacts and caregivers of children younger than 6 months • Healthcare workers/ EMS personnel (very broad in the target group – anyone who works in healthcare/ EMS) • All children aged 6 mos to 24 years • Individuals 25 to 64 with health conditions associated with high risk complications from the flu
Can we only give vaccine to these targets?	If we have a vaccine that is appropriate for that person's age and medical condition, then we will administer vaccine.	If we have a vaccine that is appropriate for that person's age and medical condition, then we will administer vaccine.
Vaccine Availability at ARHS:	Vaccine is generally available for Seasonal, but may vary throughout flu season. This vaccine is different from the H1N1 vaccine. Staff – Please check with the nurse supervisor for local availability daily.	Vaccine is generally available for H1N1, but may vary throughout flu season. This vaccine is different from seasonal vaccine. Staff – Please check with the nurse supervisor for local availability daily.
Who can take Intranasal Vaccine?	Individuals 2 – 49 who are healthy, do not have egg allergies, are not pregnant, do not have underlying conditions, and who are not running a fever at the time it is given.	Individuals 2 – 49 who are healthy, do not have egg allergies, are not pregnant, do not have underlying conditions, and who are not running a fever at the time it is given.
Who can take the Injectable Vaccine (Flu Shot)?	All individuals 6 mos and older who do not have egg allergies, and who are not running a fever at the time it is given.	All individuals 6 mos and older who do not have egg allergies, and who are not running a fever at the time it is given.
Do I need a flu vaccine if I have already had the flu?	We do recommend the seasonal flu shot for the groups above.	There is no problem with vaccinating someone with the H1N1 vaccine who may have had a previous case of H1N1 influenza.
Is the H1N1 Vaccine Safe?	Not Applicable	The H1N1 vaccine is expected to be as safe and effective as seasonal flu vaccines.
Doses Needed	1 dose (exception: children younger than 9 who have never received the seasonal vaccine should receive 2 doses)	Children younger than 10 - 2 doses (roughly 1 month apart) Children and adults 10 and older - 1 dose
Billing	All Children – Free (Admin Fee will be billed to Medicaid, Health Choice only) All Others - <ul style="list-style-type: none"> • No insurance - \$23 out of pocket • Medicaid, Medicare – No charge to patient (Admin fee will be billed to Medicare/Medicaid) • Private Insurance – patient pays \$23 (We do not bill insurance) 	FREE TO ALL PATIENTS (Admin Fee will be billed to Medicaid, Medicare, Health Choice only.)
What you can do to stay healthy	<ul style="list-style-type: none"> • Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue away afterwards. • Wash your hands often with soap and water; especially after you cough or sneeze. Hand sanitizers are also effective, but not a substitute for hand washing. • Avoid touching your eyes, nose, or mouth. Germs spread this way. • Try to avoid close contact with sick people. • If you get sick, stay home and limit contact with others. 	

Courtesy of Albemarle Regional Health Services

